CLEAR CLOSET, LESS CLUTTER

A Practical Wardrobe Downsizing Checklist

Keep the clothes you wear, organize what you own, and make your closet easier to use. Work through this checklist at your own pace—there is no required number of items

1. AUDIT YOUR CLOSET

- Remove clothes from your main rail so you can see what you own.
- Clean shelves, drawers, and the closet floor.
- Group clothing into everyday wear, workwear, occasion wear, and seasonal pieces.
- Identify duplicates and items you rarely reach for.

2. DECIDE WHAT TO KEEP

Check each garment before deciding:

- Does it fit comfortably right now?
- Is it in good, wearable condition?
- Have I worn it within the past year, or do I have a genuine reason to keep it?
- Can I create outfits with clothes I already own?
- Does it suit my current lifestyle?

Sort Your Clothes Into Four Groups:

KEEP	REPAIR	DONATE OR SELL	RECYCLE OR DISCARD
Wear and enjoy	Worth fixing	Wearable, no longer needed	No longer suitable to wear

3. TRY A 30-DAY REVIEW BOX

- Place uncertain clothes in a separate box.
- Write a review date on the box.
- Store it somewhere outside your everyday closet.
- If you do not need an item during the review period, consider donating or selling it.

Keep sentimental and occasional clothing separately if it has genuine value to you.

4. BUILD A FUNCTIONAL EVERYDAY WARDROBE

- Choose colors that work well together.
- Keep comfortable tops, bottoms, and layers suited to your routine.
- Include clothing for work, casual activities, and special occasions as needed.
- Check that new purchases work with several pieces you already own.
- Set a closet capacity that suits your available space.

Remember: You do not need a fixed number of clothes. Build a wardrobe around your actual needs.

5. MAKE BETTER USE OF YOUR SPACE

- Use matching slim hangers where they suit your garments.
- Hang frequently worn clothes where they are easy to reach.
- Fold T-shirts, jeans, and suitable knitwear vertically in drawers.
- Store seasonal clothes clean and completely dry.
- Keep shelves and drawers easy to access.
- Review your closet regularly to prevent clutter from building up again.

PAUSE BEFORE YOU PURCHASE

Do I need it? Does it fit my lifestyle? Can I wear it with clothes I already own?

Start with the clothes you already own. Keep what works and create a closet that feels easier to use every day.